

HRC Becoming Catholic / OCIA

ASSIGNMENT 18

SACRAMENT OF PENANCE AND RECONCILIATION

Questions? Contact: Emily Arthur
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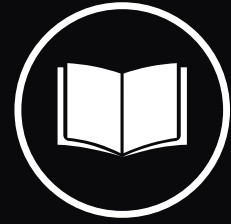
WATCH

- "Echo" Episode 18

REFLECT / PRAY

- Why do I need to confess my sins to a priest?
- How have I experienced the power of forgiveness?

READ



- United States Catholic Catechism for Adults (Chapter 18).

DISCUSS



- How does it make you feel to know that even great sinners have become some of our greatest saints?
- How would you explain to someone why we confess our sins to a priest?
- What are some of the positive effects of going to confession?
- Why is the seal of the confessional important?
- What are some things we can do to avoid sin?
- Why is it seem easy to downplay our sin?
- How can we find encouragement to go to confession?
- What are some of the ways in which I can prepare myself to make a good confession?
- Why is there no such thing as a “private” sin?
- How does the Sacrament of Reconciliation heal the relationships harmed by sin?

DECIDE

- What is one thing that you are inspired to do after this session?

PRAY

- Pray with your sponsor.